



**Hamilton Central YMCA
2012 POOL SCHEDULE**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	
6:00 AM	5:30a-2:00p	5:30a-8:30a	5:30a-4:45p	5:30a-8:30a	5:30a-4:00p	
6:30 AM						
7:00 AM						Open
7:30 AM						7a-4:30p
8:00 AM						
8:30 AM						
9:00 AM					Open	Open
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM	Personal Training			Personal Training		
2:30 PM	2:00p - 3:00p			2:00p - 3:00p		
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						CLOSED
5:00 PM						
5:30 PM	Aquasize		Aquasize		Open Swim	
6:00 PM	5:30p - 6:30p	Aquasize	5:30p - 6:30p	Aquasize		
6:30 PM		6p-7p		6p-7p	CLOSED	
7:00 PM						
7:30 PM						
8:00 PM	CLOSED	CLOSED	CLOSED	CLOSED		

Note: One lap lane at all times
SUNDAY hours - Jan.-Mar. 1p-5p (all open swim)

