



Fairfield Family YMCA
Lap Pool Schedule
Spring 2012
April 16 - June 2

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	OPEN SWIM and 3 Lap Lanes Open 5:30-8:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	OPEN SWIM and 3 Lap Lanes 5:30-8:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	closed	closed
6:00 AM							
6:30 AM							
7:00 AM	Water Wake-Up (3 Lap Lanes Open)		Water Wake-Up (3 Lap Lanes Open)			OPEN SWIM and 3 Lap Lanes Open 7:00-9:00pm	
7:30 AM							
8:00 AM							
8:30 AM	Cardio Splash (3 Lap Lanes Open)	Cardio Splash	Cardio Splash (3 Lap Lanes Open)	Cardio Splash	H2O Deep (3 Lap Lanes Open)	Swim lessons 9:30am-12:00pm (2 Lap Lanes Open)	
9:00 AM							
9:30 AM							
10:00 AM	Power-Up 9:00-11:45am	Boot Camp	Power-Up 9:00-11:45am	Boot Camp	OPEN SWIM and 3 Lap Lanes Open 10:00am-7:30pm	OPEN SWIM and 3 Lap Lanes Open 12:00-6:30pm	OPEN SWIM and 3 Lap Lanes Open 1:00-4:30pm
10:30 AM							
11:00 AM							
11:30 AM	OPEN SWIM and 3 Lap Lanes Open 11:45am-5:30pm	Golden Splash (3 Lap Lanes Open) 9:00-am-1:00pm	OPEN SWIM and 3 Lap Lanes Open 11:45am-5:15pm	Golden Splash (2 Lap Lanes Open) 9:00-am-1:00pm	OPEN SWIM and 3 Lap Lanes Open 1:00pm-5:15pm	pool closes 4:30pm	closed
12:00 PM							
12:30 PM							
1:00 PM	OPEN SWIM and 3 Lap Lanes Open 1:00pm-5:15pm	OPEN SWIM and 3 Lap Lanes Open 1:00pm-5:15pm				pool closes 6:30pm	
1:30 PM							
2:00 PM							
2:30 PM	Swim Lessons (1 Lap Lane Open)	Swim Lessons 5:15-7:30pm (1 Lap Lanes Open)	Swim Lessons 5:15-7:30pm (1 Lap Lanes Open)	Swim Lessons 6:00-7:30pm (1 Lap Lanes Open)	pool closes 7:30pm	closed	
3:00 PM							
3:30 PM							
4:00 PM	Cardio Splash (1 Lap Lane Open)	OPEN SWIM and 3 Lap Lanes Open	and 3 Lap Lanes Open	OPEN SWIM and 3 Lap Lanes Open	closed	closed	
4:30 PM							
5:00 PM							
5:30 PM	OPEN SWIM and 3 Lap Lanes Open	pool closes 9:30pm	pool closes 9:30pm	pool closes 9:30pm	pool closes 9:30pm	closed	
6:00 PM							
6:30 PM							
7:00 PM	pool closes 9:30pm	closed	closed	closed	closed	closed	
7:30 PM							
8:00 PM							
8:30 PM	closed	closed	closed	closed	closed	closed	
9:00 PM							
9:30 PM							
10:00 PM							



Fairfield Family YMCA
 Warm Pool Schedule
 Spring 2012
 April 16 - June 2

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30 AM	closed	closed	closed	closed	closed	closed	closed		
6:00 AM									
6:30 AM									
7:00 AM									
7:30 AM									
8:00 AM									
8:30 AM									
9:00 AM	Arthritis class in session	Arthritis class in session	Arthritis class in session	Arthritis class in session	Arthritis class in session	Swim lessons	Pool closed		
9:30 AM									
10:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	Swim lessons	Ai Chi				
10:30 AM	10:00-11:15am	Ai Chi	9:45-11:15am	OPEN SWIM	9:50-10:30				
11:00 AM		10:50-11:30	10:30am-12:00pm	OPEN SWIM					
11:30 AM	Golden Splash	OPEN SWIM	Golden Splash	Golden Splash					
12:00 PM	Oxford PT		Oxford PT	3rd Thursday of Month	Oxford PT	OPEN SWIM 1:00-6:30pm	OPEN SWIM 1:00-4:30pm		
12:30 PM	12:00-2:00pm		12:00-2:00pm	Closed 10:45am-12:00pm	12:00-2:00pm				
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM				
4:30 PM									
5:00 PM									
5:30 PM	pool closes 5:30pm	pool closes 6:00pm	pool closes 6:00pm	pool closes 7:00pm	pool closes 7:30pm	pool closes 6:30pm	closed		
6:00 PM	closed							closed	closed
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM									