



Atrium Family YMCA Front Gym Schedule Winter II Session February 20 - April 14

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	** Youth Basketball **
9:00 AM						
9:30 AM	KIDS HALF COURT	KIDS HALF COURT	KIDS HALF COURT	KIDS HALF COURT	KIDS HALF COURT	League Games
10:00 AM	Courts 1 & 2	Courts 1 & 2	Courts 1 & 2	Courts 1 & 2	Courts 1 & 2	
10:30 AM	ADULT FULL COURT	ADULT FULL COURT	ADULT FULL COURT	ADULT FULL COURT	ADULT FULL COURT	9:00 - 1:00pm
11:00 AM						
11:30 AM						
12:00 PM		Noon Basketball		Noon Basketball		THRU 3/14
12:30 PM						OPEN KIDS - 1 & 2 OPEN ADULTS - 3 & 4
1:00 PM						
4:30 PM		OPEN KIDS - 1 & 2		OPEN KIDS - 1 & 2		OPEN ADULTS - 3 & 4
5:00 PM		OPEN ADULTS - 3 & 4		OPEN ADULTS - 3 & 4		
5:30 PM	** Youth Basketball **					
6:00 PM	League Practices	** Tae Kwon Do **	** Fun2BFit **	** Tae Kwon Do **		
6:30 PM	Courts 1 & 2	6:00 - 8:30pm	6:00 - 8:00pm	6:00 - 8:30pm		
7:00 PM	5:30 - 8:45pm		Courts 3 & 4			
7:30 PM	Court 3	Courts 3 & 4	* As Needed *	Courts 3 & 4		
8:00 PM	5:30 - 7:15pm		OPEN KIDS - 1 & 2			
8:30 PM	THRU 3/17	OPEN KIDS - 1 & 2	OPEN ADULTS - 3 & 4	OPEN KIDS - 1 & 2		
9:00 PM	OPEN KIDS - 1 & 2	OPEN ADULTS - 3 & 4		OPEN ADULTS - 3 & 4		
9:30 PM	OPEN ADULTS - 3 & 4					

**** - As a general rule, when a scheduled class/practice occupies one side of the gymnasium, only half court play will be permitted on any available open court.**



Atrium Family YMCA 3rd Gymnasium Schedule Winter II Session February 20 - April 14

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM						CLOSED
6:30AM						
9:00 AM						
9:30 AM						
10:00 AM						Zumba Toning 10:00 - 11:30am
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
4:30 PM						
5:00 PM	P.H.I.T. - Julie/Joe		P.H.I.T. - Julie/Joe		P.H.I.T. - Julie/Joe	
5:30 PM	5:00 - 6:00pm		5:00 - 6:00pm		5:00 - 6:00pm	
6:00 PM	Zumba - Michele	Pilates - Tina	Boot Camp - Meredith	Zumba Toning		
6:30 PM	6:00 - 7:00pm	3G 6:00 - 6:45pm	6:15 - 7:00pm	6:00 - 7:30pm		
7:00 PM	Boot Camp - Kyle	Kickboxing - Tina	Boot Camp - Kyle			CLOSED
7:30 PM	7:15 - 8:15pm	7:00 - 8:00pm	7:15 - 8:15pm			
8:00 PM						
8:30 PM						
9:00 PM						
9:30 PM						